

POST OPERATIVE INSTRUCTIONS FOLLOWING TOOTH COLORED FILLINGS

We have restored some of your teeth with tooth-colored materials. The resin (plastic) material used contains small "filler" particles of glass-like material for strength and wear resistance. These restorations will serve you well for several years. They contain the finest and most up-to-date materials available today. However, you should be aware of the following information about your new restorations:

CHEWING: Natural teeth can be broken with heavy force, such as chewing hard objects. As with natural unrestored teeth avoid chewing excessively hard foods (hard candy, corn nuts, ice, bones, etc.) because the resin materials can be broken from the tooth with extreme force. If breakage occurs, replacement of the restoration is not difficult.

RECALLS: Visit us for regular, six month examinations. Often, small problems that develop around the restorations can be detected at an early stage and repaired easily. Waiting for a longer time may require redoing the entire restoration. You should have your recall appointment scheduled following this appointment if it has not already been scheduled.

PREVENTIVE PROCEDURES: To provide optimum longevity for your restorations and to prevent future dental decay and supporting tissue breakdown, *please use the following preventive procedures:*

- a. Brush and floss after eating and before bedtime
- b. Use prescribed mouth rinse if advised by us
- c. Use fluoride gel as advised by us.

THE FUTURE: We expect you to receive several years of service from these restorations. However, after a service period of years, we have seen the following unavoidable situations occur, which may require restoration replacement at a future time:

- a. Slight stains occur at locations around juncture of the tooth restoration. Please tell us if this condition occurs.
- b. Slight chipping around the juncture of the tooth and restoration.
- c. The gums (gingiva) may shrink from the restorations, displaying an unfavorable appearance underneath.

We have done our best to provide you with the finest quality oral restorations available today. However, as with a fine automobile or watch, only your continuing care and concern can assure optimum service longevity.

