

POST OPERATIVE INSTRUCTIONS FOLLOWING EXTRACTION

1. When you leave the office, you will have a small square of cotton gauze covering the area where the tooth was removed.
 - Leave the gauze in place until you get home
 - Replace the gauze every 30 minutes or so for the first few hours or until the bleeding has stopped.
 - Sometimes a little oozing can mix with saliva and make it appear that there is a lot of bleeding. **DO NOT PANIC. IF YOU FEEL THERE IS EXCESSIVE BLEEDING CALL THE OFFICE IMMEDIATELY AT (816) 452-2000.**
2. If we suggest you use an ice pack, place the ice pack on the area for 15 minutes on the area, 15 minutes off, repeating this for several hours.
3. Some swelling and discomfort is always possible after an extraction. If you feel either one is excessive, please contact us.
4. Limit physical activity the first day, avoid heavy lifting and vigorous activity that could cause the area to ooze again.
5. Do only limited rinsing the first few hours, and only rinse with the cotton gauze in place, then replace the gauze after rinsing.
6. If you smoke, the longer you hold off smoking after having the extraction the better.

The doctor or his assistant will go over this information with you before you leave. Please feel free to ask any questions, we want you to understand what you can do to help the area heal quickly.

IF ANY CONCERNS OR PROBLEMS PLEASE CALL THE OFFICE IMMEDIATELY. (816) 452-2000